**Govt. College Kheri Gujran Faridabad**

Name of Assistant Professor : Dr. Arun Kumar

Class:–M. A 4 th semester

Subject: **BASICS OF GUIDANCE AND COUNSELLING**

Lesson Plan For Weeks: 18

Week 1

UNIT- I Foundation of Guidance: Need, Meaning and Scope of Guidance;

Week 2

Basic Principles of Guidance. Models of Guidance: Early, later and contemporary models. Organizing a Guidance Programme.

Week 3

UNIT-II Educational Guidance: Need, Objectives, Educational Problems and Functions;

Week 4

Guidance in ElementarySchools: Nature, Role of teacher and Counsellor; Guidance in Secondary Schools: Nature, Needs related to Education and Personal Development

Week 5

Career development facilitation:

Week 6

Theories of career development and decision making,

Week 7

Facilitating career exploration, Collecting and disseminating career information.

Week 8

UNIT-III Foundation of counselling: Meaning, Goals, Stages,

Week 9

Need and Types. Emergence and Growth of Counselling Psychology.

Week 10

Counselling and related fields; Ethical Training, Standards and Dilemmas in counselling.

Week 11

UNIT-IV Research in counselling: Need for evaluation, Applied-Action Research,

Week 12

Problems of counselling research, Process and Outcome research, Descriptive research in counselling, Experimental research.

Week 13 as holi

Week 14

Contemporary Issues in counselling: Working with children and their parents, older adults, differently abled and Religious clients.

Week 15-18

Revision with previous years question papers.

**Note: -** Assignment will be given to students time to time.